

## **FOR IMMEDIATE RELEASE**

### COMMUNITY HEALTH AND WELLNESS CENTER CELEBRATES WORLD ORAL HEALTH DAY WITH FREE DENTAL CLINIC

TORRINGTON, CT, March 5—In honor of World Oral Health Day on Wednesday, March 20<sup>th</sup>, Community Health and Wellness Center (CHWC), Torrington, CT, is hosting a free dental clinic from 8:30 am to 5:30 pm. The event is open to the public, and services are available for new dental patients on a first-come/first serve sign-up basis.

A team of three dentists and two hygienists will provide oral screening and care for the most urgent tooth need or a dental cleaning. The day-long event, which will be held in CHWC's dental building, will also feature a variety of health booths. There will be an oral health education station; blood pressure screenings, medical assessments, and medication reviews; HIV testing, education, and resources; case managers available to assist with patient resources; a financial counselor to answer questions; and nutritional education provided by CHWC's registered dietitian/certified dietitian/nutritionist. Charlotte Hungerford Hospital will also be on site to offer smoking cessation education and information on its "Stop the Bleed" initiative.

"We are very pleased to open our doors to the public for our free dental clinic day in honor of World Oral Health Day," says Dr. Nancy Wong, CHWC's acting dental director. "Oral health is vitally important and disease in the mouth affects the rest of the body and vice versa. This is especially the case when it comes to such health issues as diabetes and gum disease as well as oral cancers."

"We take an integrated, holistic approach to health," says Joanne Borduas, CEO of CHWC. "This event is a great way to showcase our state-of-the-art dental facility, introduce people to our providers, and educate people on the importance of dental health to their overall wellbeing."

For more information on CHWC's World Oral Health Day celebration, call 860-489-0931 extension 393. Additional information can also be found on the FDI World Dental Federation website <https://www.fdiworlddental.org/news/20181012/world-oral-health-day-2019-say-ahh-act-on-mouth-health-campaign-calls-for-concrete>.

## **ABOUT COMMUNITY HEALTH AND WELLNESS CENTER**

The Community Health & Wellness Center of Greater Torrington is committed to keeping communities healthy. The center, its employees, volunteer practitioners, board members, officer, and independent contractors are deemed to be employees of the Federal Public Health and Human Services. In a compassionate, patient-centered environment, CHWC services are

accessible and provided without discriminations, with cultural competence, and where all people matter regardless of their ability to pay.

CHWC offers and continues to develop a range of healthcare services for the underserved throughout northwest Connecticut, including medical, dental, chiropractic, and counseling services. It strives to achieve the reputation of “provider of choice” for affordable, high quality services that achieve positive patient outcomes in a welcoming and caring environment.

CHWC collaborates and advocates with other organizations to increase the region’s capacity to meet the communities’ health and wellness needs. It is the only Federally Qualified Health Center (FQHC) in Connecticut to receive a Health Services and Resource’s Association’s (HRSA) Health Center Program 2017 Quality Leader Award.

CHWC is located at 469 Migeon Avenue, Torrington, CT, and 115 Spencer Street, Winsted, CT, with the following satellite locations: FISH of Torrington, 332 South Main Street, Torrington; Sullivan Senior Center, 88 East Albert Street, Torrington, CT; The Open Door Soup Kitchen, 160 Main Street, Winsted; YMCA Emergency Shelter, 480 Main Street, Winsted; Torrington Soup Kitchen, 220 Prospect Street, Torrington; and Oliver Wolcott Technical School, 75 Oliver Street, Torrington. Telephone 860-489-0931, visit at [www.chwctorr.org](http://www.chwctorr.org) and on Facebook.

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