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FOR IMMEDIATE RELEASE

COMMUNITY HEALTH AND WELLNESS CENTER TO EXPAND IN WINSTED AS
OFFICIAL NEW OWNER OF MAIN STREET'S FORMER IGA SUPER SAVER BUILDING

TORRINGTON, CT, March 26--After a long journey that spanned nearly two years, Community Health and Wellness Center (CHWC) is now the official new owner of the former IGA Super Saver building, located on 372 Main Street in Winsted. Previously owned by former store owner John Dwan, CHWC closed on the property on March 20th.

“Both Mr. Dwan and I are very happy to finalize the sale so that he can move on to a well-deserved retirement and Community Health and Wellness Center can now concentrate on the renovation of the building, which will allow for expanded medical, dental, and behavioral health services for the community of Winsted,” says Joanne Borduas, CEO of CHWC.

Headquartered in Torrington, CHWC established its Winsted satellite office in 2012 and serves approximately 3,000 people in its current location on Spencer Street. According to UDS Mapper, there are an additional 2,515 residents of Winsted considered to be of low income (those who are at or below 200% of the Federal Poverty Guidelines) who are currently not being served.

“This represents approximately 31% of Winsted’s population who are the most vulnerable and need a ‘safety net provider’ to receive care and stay well,” says Borduas. (UDS Mapper is a data resource tool developed and supported by the American Academy of Family Physicians on behalf of the Health Resources and Services Administration, which allows for population data to be analyzed according to geography, penetration of service area and growth of 330 funded health centers.)

“A healthy community makes for a thriving community and Community Health and Wellness Center is very excited to be able to increase access to care for anyone who would like to receive services in a specialized and integrated practice,” says Borduas. “We accept most insurance and will never turn anyone away who needs care. Our goal is to serve the community and see real results in the improvement of population health outcomes and quality of life for the residents of Winsted.

“I look forward to the opportunity to partner with the town to host community service events such as healthy lifestyle nutrition lectures, and offer ongoing lectures given by our expert providers on chronic conditions such as diabetes, as well as co-managed sessions with both mental health and medical providers for things like smoking cessation. We will also be adding approximately 10 new jobs as the center continues its growth in the area.”

Honoring the settlement agreement, CHWC will make the 3,500 sq. ft. of space in the front of the building facing Main Street available for lease to retail businesses in the next two - three weeks and will also begin working during that same time frame to remove the plywood currently boarding up the windows facing Main Street.

Community Health and Wellness Center will host an open house when the facility is ready to open and anticipates occupancy of its new space by the end of this year.

ABOUT COMMUNITY HEALTH & WELLNESS CENTER

The Community Health & Wellness Center of Greater Torrington is committed to keeping communities healthy. The center, its employees, volunteer practitioners, board members, officer, and independent contractors are deemed to be employees of the Federal Public Health and Human Services.

In a compassionate, patient-centered environment, CHWC services are accessible and provided without discriminations, with cultural competence, and where all people matter regardless of their ability to pay.

CHWC offers and continues to develop a range of healthcare services for the underserved throughout northwest Connecticut, including medical, dental, and counseling services. It strives to achieve the reputation of “provider of choice” for affordable, high quality services that achieve positive patient outcomes in a welcoming and caring environment.

CHWC collaborates and advocates with other organizations to increase the region’s capacity to meet the communities’ health and wellness needs.

CHWC is located at 469 Migeon Avenue, Torrington, CT, and 115 Spencer Street, Winsted, CT, with the following satellite locations: FISH of Torrington, 332 South Main Street, Torrington; Sullivan Senior Center, 88 East Albert Street, Torrington, CT; The Open Door Soup Kitchen, 160 Main Street, Winsted; YMCA Emergency Shelter, 480 Main Street, Winsted; Torrington Soup Kitchen, 220 Prospect Street, Torrington; and Oliver Wolcott Technical School, 75 Oliver Street, Torrington.

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