

FOR IMMEDIATE RELEASE

COMMUNITY HEALTH & WELLNESS CENTER BEGINS MONTHLY “TO YOUR GOOD HEALTH” LECTURE SERIES AT TORRINGTON LIBRARY

TORRINGTON, CT, June 12—Community Health & Wellness Center (CHWC), Torrington, CT, has initiated a new monthly lecture series at the Torrington Library called “To Your Good Health.”

The first lecture takes place on Thursday, June 14th, at 6pm. Presented by Gordon Holder, DDS, MPH, CHWC Dental Director, along with Nancy Wong, DMD, MPH, the presentation is entitled “A Health Mouth for Life.” The dentists will explain how each life stage requires a unique, specific approach to oral health, from infants to seniors. The lecture will be followed by a question and answer period.

On July 12th, ophthalmologist Dr. Ron Berger will lecture on “Sun, Skin, and Your Eyes: A Solar Reality Check.”

The library lectures are free, and light refreshments will be served. Registration is suggested by visiting www.torringtonlibrary.org.

ABOUT COMMUNITY HEALTH AND WELLNESS CENTER

The Community Health & Wellness Center of Greater Torrington is committed to keeping communities healthy. The center, its employees, volunteer practitioners, board members, officer, and independent contractors are deemed to be employees of the Federal Public Health and Human Services. In a compassionate, patient-centered environment, CHWC services are accessible and provided without discriminations, with cultural competence, and where all people matter regardless of their ability to pay.

CHWC offers and continues to develop a range of healthcare services for the underserved throughout northwest Connecticut, including medical, dental, chiropractic, and counseling services. It strives to achieve the reputation of “provider of choice” for affordable, high quality services that achieve positive patient outcomes in a welcoming and caring environment.

CHWC collaborates and advocates with other organizations to increase the region’s capacity to meet the communities’ health and wellness needs. It is the only Federally Qualified Health Center (FQHC) in Connecticut to receive a Health Services and Resource’s Association’s (HRSA) Health Center Program 2017 Quality Leader Award.

CHWC is located at 469 Migeon Avenue, Torrington, CT, and 115 Spencer Street, Winsted, CT, with the following satellite locations: FISH of Torrington, 332 South Main Street, Torrington; Sullivan Senior Center, 88 East Albert Street, Torrington, CT; The Open Door Soup Kitchen, 160

Main Street, Winsted; YMCA Emergency Shelter, 480 Main Street, Winsted; Torrington Soup Kitchen, 220 Prospect Street, Torrington; and Oliver Wolcott Technical School, 75 Oliver Street, Torrington. Telephone 860-489-0931, visit at www.chwctorr.org and on Facebook.