

CHWC provides financial assistance for those who qualify. Staff is available for Medicaid, Husky and SNAP/ Food Stamp applications.

The Center is a Federally Qualified Health Center and receives grants from Health Resources and Services Administration (HRSA), the primary federal agency for improving access to health care services in the US. Additional grant support comes from Connecticut Department of Social Services and the Department of Public Health.

Community Health & Wellness Center is guided by a dedicated Board of Directors who represent patients from the center and community leaders.

MISSION STATEMENT

The Community Health and Wellness Center of Greater Torrington is committed to keeping communities healthy. In a compassionate, high-quality and patient-centered environment, services are accessible and provided without discrimination, with cultural competence, and where all people matter regardless of ability to pay. Through coalitions, advocacy and sound fiscal management, these services will be sustained over time.



COMPREHENSIVE MEDICAL SERVICES

CHWC provides a full range of **primary health care services**, including:

- Health Promotion, Screenings & Immunizations,
- Management of Acute & Chronic Illnesses, Including Addiction
- HIV Screening, Prevention Education & Management of HIV/AIDS Illness and Hepatitis C
- Ophthalmology
- Nutrition



COMPREHENSIVE DENTAL SERVICES

CHWC provides a full range of **routine and emergency dental services**, including:

- Comprehensive & Continuous, Routine and Emergency Care
- Fillings, Crowns, Bridges, Partial and Complete Dentures, In-house Root Canal and Oral Surgery Services
- Referrals & Coordination of Specialty Care



COMPREHENSIVE BEHAVIORAL HEALTH SERVICES

CHWC provides a full range of **behavioral health care services**, including:

- Outpatient mental and behavioral health evaluation and treatment services for children, youth & families



Community Health and Wellness Center
of Greater Torrington

"Your Caring Health Partner"

Providing Compassionate, Integrated Medical, Dental, Behavioral Health, Ophthalmology, and Nutrition Services

Where do you turn for medical assistance?



In general, it's always a good idea to call or go to your primary care provider whenever you can. When your doctor's office is closed, you should know that there are other places you can go to for help instead of the emergency room. Of course, if you have an injury, illness, or medical condition that you feel is threatening your life, you should go to the emergency room right away.

*Here is a guide to help you
choose the best place to go
for healthcare under*

*every
medical
circumstance*

Community Health & Wellness Center

The best place for you to get ongoing, basic, non-emergency care

You should make an appointment to see *your provider* for:

- Common illnesses, such as colds, flu, earaches, sore throats, migraines, fever, or rashes
- Minor injuries, such as sprains, back pain, minor cuts and burns, or minor eye irritations or injuries
- Regular physical exams, prescriptions, vaccinations, and screenings
- A health problem where you need advice

Same day appointments are available

Urgent Care Clinics

When Community Health & Wellness is not available, urgent care clinics provide attention for non-life threatening medical problems or ***problems that become worse if you wait.***

Urgent care clinics provide walk-in appointment and are often open seven days a week, with extended hours and on weekends when Community Health & Wellness is closed.

When your regular doctor of health care provider is not available, you should go to an *urgent care clinic* for:

- Common illnesses, such as colds, the flue, earaches, sore throats, migraines, fever, or rashes
- Minor injuries, such as sprains, back pain, minor cuts and burns, minor broken bones, or minor eye irritations and injuries

Hospital Emergency Rooms

You should use a hospital emergency room only for ***very serious or life-threatening problems.*** Hospital emergency rooms are not the place to go for common illnesses or minor injuries.

Hospital emergency rooms are open 24 hours a day, 7 days a week, 365 days a year.

If you are experiencing any of the following symptoms, don't wait! ***Call 911 or get to your nearest hospital emergency room:***

- Chest pain
- Severe abdominal pain
- Coughing or vomiting blood
- Severe burns
- Deep cuts or bleeding that won't stop
- Sudden blurred vision
- Difficulty breathing or shortness of breath
- Sudden dizziness, weakness, or loss of coordination or balance
- Numbness in the face, arm, or leg
- Sudden, severe headache (not a migraine)
- Seizures
- High fevers
- *Any other condition you believe is life threatening*

If you're not sure where to go for care when illness, accidents, & injuries happen, call your doctor or a health help line.

After-Hours Help-Line Numbers

During regular office hours, call your doctor's office.

Many insurance companies and hospitals have a 24/7 nurse help line to help you decide where to go for care after hours. In addition, many commercial health insurance companies have call numbers on the back of their insurance card, so be sure to check to see if you have that information on hand.

**HUSKY Health 24/7
Nurse Helpline
1-800-859-9889**

Torrington Medical Office

469 Migeon Avenue
Torrington, CT 06790

P: (860) 489-0931

Monday - Friday
8:00AM - 6:00PM

Winsted Satellite Office

115 Spencer Street
Winsted, CT 06098

P: (860)-238-4211

F: (860)-238-4214

Monday | Tuesday | Thursday
8:30AM - 4:30PM

Wednesday | Friday
8:00AM - 6:00PM

www.chwctorr.org